

The Hope Institute of CUSD

Hope Starts Here

www.thehopeinstitute.net

What We Do:

We provide hope through specialized treatment to individuals struggling with thoughts of suicide. We provide individual therapy sessions, DBT group skills sessions and brief family counseling. Individuals struggling with suicidal ideation can come to The Hope Institute to reduce suicidal risk, increase hope, and obtain a referral to ongoing counseling as needed. Our approach is unique, as it is based in the Collaborative Assessment and Management of Suicidality (CAMS) and Dialectical Behavioral Therapy (DBT), two of the most effective, evidence-based models currently available for treating suicidality.

The Hope Institute provides short-term outpatient care (average of 6 weeks). We can offer clients up to four contact points per week for those most in need. Our team of highly trained clinicians has a proven track record of reducing suicidal ideation in six weeks or less.

Who We Treat:

We treat individuals of all ages (5 and up) experiencing thoughts of suicide. We have a partnership with the Chandler Unified School District and are now offering our services to the community at large, including other school districts, and community hospitals/agencies.

Referrals:

We are here to make sure you are not alone in your struggles. Our goal is to offer clients an appointment within 24 business hours to provide the lifesaving help our clients need. To schedule an initial assessment you can use [this link](#) to access the referral form or scan the QR code below. You may also call our front desk at 480-770-1773 or email us at Help.CUSD@thehopeinstitute.net.



Cost:

THI accepts most major private insurances, AHCCCS Mercy Care, and cash pay clients. Please call with specific questions related to cost or insurances accepted.



FOLLOW US
ON
INSTAGRAM



If you or your child are in
immediate danger of suicide,
please call 988.

Contact Us:

Phone: 480-770-1773

Email: Help.CUSD@thehopeinstitute.net

Website: www.thehopeinstitute.net

Hours:

Front Desk: 9 AM-5 PM

Clinicians available from 8 AM-7 PM



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